

The Granite Towers

*A Community Magazine for
Lanlivery and Luxulyan*



December 2020 & January 2021

EDITORIAL



It's time to celebrate – yes, to celebrate! We have two new months to welcome, December and January, when we can celebrate the feast of Christmas and the start of a pristine New Year. Despite all the doom and gloom the last twelve months have brought, it is up to us to choose to have a different outlook on life and imagine different ways of improving our circumstances.

Yes, we live in tumultuous times, with upheavals worldwide, political uncertainty everywhere, and all in the grip of the Covid-19 pandemic, with its restrictions and rules about meeting, travel at home and abroad, and holidays, plus its effects on business, the economy, and, (one aspect that is often overlooked), mental health. But people are making huge efforts to keep in contact, help, and care for each other.

One very heartening piece of news in the pages of this very magazine is that, as Shelley Porter reminds us, "Christmas is not cancelled" – at least not as far as Christingle in our two villages is concerned, although this year it will be a little different, as you can read on the church pages. I think this is inspiring for us all, since it means that it will be an opportunity for so many people to share in the fun and the meaning of Christmas, and it reminds me of so many Christingles of Christmases past, like a pageant in my mind's eye, of all the little children, my own included, and the various vicars, over the years, explaining the beautiful meaning of it all.

We still do not know exactly how we may be celebrating Christmas this year; let's hope it is with at least a few family members, but that all depends upon any new virus rules. My memories of Christmas past always give me great pleasure, especially when I take down the Christmas book we started in 1983, where not only did we list the relations and friends we were planning to send cards and presents, but made little jottings in there, added to by the children, of preparations, Christmas services in church, plucking the turkeys we raised, and making holly wreaths to sell. Then there were the New Year parties, always with an impromptu pantomime, when the dressing up boxes were rummaged and raided. Whatever form our celebrations take, we can all do our best to make them cheerful.

We may not be able to spend hours shopping and partying in the usual way, but perhaps a more

stripped-down Christmas will bring home to us its real meaning. Perhaps we may have more time to think of it in quiet awe. A look at John Betjeman's poem "Christmas" would focus this for us, when he asks, "And is it true? And is it true / This most tremendous tale of all, / Seen in a stained-glass window's hue, / A baby in an ox's stall? The Maker of the stars and sea / Become a Child on earth for me? / And is it true? For if it is....."

No love that in a family dwells,
No carolling in frosty air,
Nor all the steeple-shaking bells
Can with this single truth compare –
That God was man in Palestine
And lives today in Bread and Wine".

And we can dare to look forward to the New Year; I know this, because of the symbols of hope in my garden: the magnolias and camellias budding prolifically, as they usually do at this season, dahlias, still bravely putting forth the odd splash of colour and a bright pink azalea blooming madly, despite the lashings by wind and rain.

So, for now, in the midst of winter's dreariness, and in this strange time, let us light a candle of hope for each other, celebrate in spite of adversity and be glad and grateful for what we have and hope for better things to come.

Nadelik Lowen ha bledhen nowyth da. A very Merry Christmas and a Happy New Year.

Verna

ADVERTISING

Please note that due to increased costs, we have had to raise the prices for advertising; when you renew, large adverts will cost £40 and small adverts £25 for six issues per year. Please see contact details at the bottom of page 21.

Please send copy for
the next edition of

**"THE GRANITE TOWERS"
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to the editor, Verna Roberts, by
JANUARY 10 2021

EMAIL ADDRESS for Granite Towers copy:

granitetowersluxlan@gmail.com

Photos for front or back page to

Ellen McConnell **ellen.mcconnell@hotmail.co.uk**

See page 29 for all deadline dates.

GRANITE TOWERS MAGAZINE - FUTURE DIRECTION

As many of you know, we managed to maintain an e-version of the magazine during full lockdown. After some restrictions were lifted, we were able to revert to a full hard copy printed version. We have decided that it is imperative to continue to offer hard copy to all where possible. However, some of our readers may wish to access just the e-version as an alternative.

This has the following advantages:

- it will enable us to reduce our printing and distribution costs
- the e-version has colour throughout as opposed to just on the covers

Our e-version is available on the following websites:

Granite Towers www.granitetowers.co.uk *(Note this is a work in progress)*
Lanlivery Parish Council
Lanlivery Church
Luxulyan Parish Council (link)
Luxulyan Church

We would request that anyone who is comfortable with not receiving a hard copy should e-mail us at rtrus28252@aol.com confirming their name and full address, so we can revise the distribution list accordingly. Should a full lockdown at any time be reinstated, then we would of course not proceed with a printed hard copy for the duration.

The Granite Towers Committee

* * * * *

VIEW FROM THE SURGERY

Merry Christmas and Season's Greetings to everyone.

This year is working up to be a strange Christmas Holiday, with the restrictions of Covid changing all the usual celebrations that families and the community hold over this time. For my family, one will be the 12 Lessons and Carols on Christmas Eve. We used to have a discussion encouraging the teenagers to come with us - not this year – I suspect we may not be allowed to fill the church as the service usually does. Another tradition that people adhere to, is eating and drinking too much over the holiday. I am not planning to tell you to stop, but may I suggest a little moderation at times and at least buy your Gaviscon (or preferred indigestion remedy) before the shops close? As a junior hospital doctor, it was a frequent job to reassure a patient on the Coronary Care Unit that their chest pain had been due to indigestion rather than a heart attack. It used to take us up to 12 hours to be sure with the blood tests and investigations we could do. Now it is often a few hours in the Emergency Department as the tests have become quicker and better, but it is even better if you don't need to go there in the first place. On that idea please make sure you order your medications in time before the surgeries and pharmacies close.

This year has been the strangest in my career, but at this point we are getting through it and we have managed to resume some normal activity with adaptations. For the first time most of our flu vaccinations were given in a drive-through clinic, and we are doing most of our consultations on the phone rather than in person. This has made the surgery a strangely quieter place, with no patients waiting in the corridor and fewer people in the waiting room as you wait at home or at work. Our nurses are still doing the health checks for people with asthma, diabetes and other chronic conditions. The doctors are still seeing people that they feel they need to see, but a lot can be arranged with a telephone call or an email, so that the number of visits can be reduced. Our reception and office staff are working hard sorting all your requests and those from the doctors.

If you are planning any New Year Resolutions may I suggest you consider one about your health, such as taking some exercise, or aiming to keep your weight in a healthy range, and as always stop smoking? There is a lot of support in our area for people wanting to take action for their health, and not just physical, but also their mental health. One easy access support is the Help at Hand app where you can see what is available in the area for different things. Getting your weight in the healthy range has lots of benefits: you often feel you have more energy, and your blood pressure may reduce, meaning you may be able to take fewer tablets. Arthritic joints ache less with less weight on them, and currently it is known that patients who are severely overweight (BMI greater than 29) can have more complications from COVID and need more help including admission to Intensive Care.

So I hope you all manage to have a Happy Holiday and stay safe and healthy.

Dr. Andy Hayward

“AND IN CONCLUSION....”



I would just like to say a big thank you:

To all of our customers, young and old, for your support over the past seven years. From day one, fair weather or foul, sunshine or snow, no matter how bad the weather was, you came to our shop. I thank you. Friendships have grown from those small beginnings as just customers, and I'd like to think that some of you will remain our friends for a long time to come.

To all our suppliers, especially the local companies, for keeping us well stocked, particularly in the long lockdown period. You stepped up when you were asked to. You kept us going when the big boys couldn't, and without you guys backing us we'd have struggled. I thank you.

In lockdown we made adjustments to the way we operated and bought products in bulk to fill the spaces on the shelves.

To all our staff members, for the support and loyalty you have shown us, sometimes coming in at a moment's notice; and to members of the village who were not on the staff, who volunteered to help with delivering groceries for isolating customers. I thank you.

We always wanted to be able to employ young members of the community to help in the shop on Saturday mornings or with deliveries to give them confidence. And we have been very proud of the way some of these youngsters have turned out. Congratulations to you.

Last but not least, to my lovely, darling partner Cath: what a wonderful woman, who has worked so hard every day since before we even opened, to make the Village Shop what it is today. Words cannot express how much I thank you.

Everything that makes a shop work on a daily basis, and more, has been confronted since we first opened those doors. She is a first-class completer and finisher – of every design, every product, idea, thought, piece of machinery, process, and every email, everything. She has been the engine room all the way. 24 hours of the day, 365 days of the year, she has had shop on her mind. Add to that the raising of a family, and you will understand how incredibly busy she has been for every hour of every day. She has been, and always will be, my rock, and it has been an honour and a privilege to have worked with her and stood beside her in the shop, and to have shared our life together.

On another personal note, I have learned so much from so many people since I first stood behind that counter; some things by accident, and some things I was meant to!!! But I thank you all for your advice and guidance on what has been an incredible, sometimes eye-opening, but very enjoyable journey.

So as Cath and I go off on our next adventure, I hope you will welcome Kay and Martin Baker and their family to their places behind the counter as much as you did Cath and me all those years ago, and give them your support. Members of communities need to look after one another, more so now than ever before, especially in these uncertain times.

Take care and stay safe.

And thank you once again.

Mike

* * * * *

LUXULYAN OVER FIFTIES

Everyone has been telephoned to say that plans have been abandoned until further notice, but in the meantime, a Merry Christmas and a Happy New Year to all until we can meet again.

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RED MOOR SCHOOL WELCOMES NEW STUDENTS THROUGH ITS DOORS



**Red Moor
School**

[Red Moor School](#) near Lanlivery in Cornwall has recently opened its doors to welcome students aged 5 to 16 who have social, emotional and mental health needs and communication difficulties or associated behaviours that challenge. Providing full time specialist education for up to 36 students, the school is dedicated to deliver the very best opportunities, with a clear vision to support each child to thrive and succeed both in school and in life.

Red Moor School has been beautifully renovated from an outdoor centre, benefitting from spacious outdoor facilities and equipment, as well as modern classroom facilities with extensive resources to enhance every child's learning.

The school is proud to be able to offer an environment which inspires learning and where students can flourish, whilst personalised targets ensure every young person can make progress appropriate to their specific needs. Red Moor School is part of [Acorn Education and Care](#), a national provider of specialist schools and therapeutic care homes for children and young people who have social emotional and mental health (SEMH) and complex needs.

Laura Horne
Headteacher

LOVED ONES (A Christmas Fairy Tale)

It is indeed a fine thing to be amid one's loved ones at the festive season. Yes, said Sylvia Cramp to her neighbour Sydney Tyler (going on seventy, both of them – on their own but making the best of it) – yes, the girls are all coming, and their boyfriends (no one gets married these days, do they?), they like a proper Christmas and the way they live, with their jobs and that, how could they find the time to set it up? And, yes said Sydney, I'll be going to mine, as usual. I'll have a couple of days with the one – they want me to do a spot of decorating for them while I'm there, they don't have a moment to themselves, of course. And then I'll pop over to the other – promised I'd mind the kids for a night or two, give her a break, fair's fair. Ah yes, they agreed, it's a time you want your family around you, isn't it? So, said Sylvia, I'd better be on my way, get stuck into the shopping, seven we'll be, and the girls like things done nicely – choosey they are, my girls. 'Bye then Sydney.

Smoked salmon, they had said, and fruit and nuts of course, and Stilton and Bath Olivers and liqueur chocs and so forth, and be sure you get good stuff, Mum, won't you? No junk. Money's not the problem – we'll settle up with you later. Money we have – it's time we're short of and anyway you love doing Christmas, don't you? Goose, not turkey – turkey's out these days. Oh, and not a pud – pud's out too – make something frightfully elaborate and amazing of your own, we'll leave it to you, you're such a super cook.

One of the girls bought leather coats for a famous department store, the second owned a chain of florists, the youngest ran an employment agency. They all earned thousands and thousands of pounds every year, had enormous mortgages, sheaves of credit cards, high blood pressure, therapists and naturally they couldn't cook. They ate in restaurants or not at all. They doted on their mother and they sometimes still brought their washing home for her to do and of course they always came to her for a lovely traditional Christmas with all the trimmings, bringing with them their boyfriends, who had migraines, high blood pressure, hundreds of credit cards and permanent jet lag.

Don't bother with drink, darling, they said – we'll have it sent, you might go wrong there, it's not really your thing, is it? Just see to the food. Oh, and remember lots of Perrier, and croissants for breakfast, and do one of your incredible home-made soups for Christmas Eve and we must have crackers and chestnuts and a six-foot tree.

Sylvia Cramp went to the supermarket. Once, twice, thrice. Festooned with shopping bags, peering at lists, she fought her

way from Fresh Meat to Dairy to Household goods, she stood doggedly in checkout lines; she toiled like a dray horse up the hill and back home. Several times she met her neighbour, Sydney Taylor, (a really nice fellow, Sydney, when you got to know him – missing his wife, of course, poor man). When she got back to the house, like as not the phone would be ringing as the girls remembered further essential items: marrons glacés and After Eights and you will make a cake Mum won't you? One of them had seen this fantastic recipe for crab mousse – nice for a starter, and you'll have fun with that, Mum. Another had forgotten to mention that the new boyfriend was a vegetarian – just do him something simple, like a quiche or a lasagne. They telephoned from offices and from restaurants and from airports – breathless and busy: they hadn't got a moment, they said, can you lay on orange juice and muesli and yoghurts and wholemeal bread? We're exhausted, they said, we're just going to come to you and collapse. Oh, and can you be a darling and do us a Caesar salad for Boxing Day, and there will be dates and grapes and a prune stuffing, for the goose, won't there?

Sylvia trudged to the shops and back again. And again, and again. The fridge was filled and the freezer and the cupboard and shelves. She cleaned the house and made up the beds and several times she took a break and had a chat with Sydney – nice Sydney next door. The girls rang to say that their blood pressure was well up and they thought they were simply longing for Christmas. Have fun, Mum, they said. But don't overdo it – we just want a simple family Christmas.

On Christmas Eve Sylvia prepared the kitchen. She took the goose from the freezer and put it on the windowsill. She set upon the table potatoes and sprouts and onions and oranges and lemons and eggs and gelatine and sugar and very much else besides. She went upstairs and when she came down, she was carrying a suitcase in one hand and a letter in the other. The letter she placed upon the kitchen table. It said: To make soup, chop the vegetables for many hours. For cake – mix, whip, etc, until exhausted. Ingredients for crab mousse and Caesar Salad and prune stuffing and elaborate dessert in fridge. Sylvia went into the hall, where were several boxes delivered by the Wine Society; from these she extracted a bottle of Moët et Chandon champagne and another of Chateau La Tour-Carnet. After further thought, she added to those a bottle of Glenfiddich. She then put on her coat, gathered up the suitcase and the carrier bag with the Wine Society bottles, and went down the garden path to the taxi in which Sydney Tyler awaited her, with a fond smile upon his face and two air tickets to Tenerife in his hand.

By Penelope Lively from "Beyond the Blue Mountains".

GIVE THE GIFT OF CORNISH TALES THIS CHRISTMAS

Cornish woman promises to bring Cornish Tales to life in time for Christmas

Audrey Caust, from St Austell, has just completed her second CD 'More Tales of a Cornish Maid' which contains 14 Cornish Dialect Stories.

The CD boasts stories with titles such as Lockdown, Mother Knew Best, Father and Brexit, and Aren't Grown Ups Silly? The cover features a hand drawn sketch of Audrey's husband Vivienne, by her granddaughter, Katie Peters. The CD has been produced by Chris Bartram, who has kindly recorded them at no cost, thus allowing all proceeds to go to Audrey's chosen charity, the Merlin MS Centre.

Audrey Caust said: "I was born at Bethel, a small village on the outskirts of St Austell, Cornwall. From an early age I have had a passion for singing. I then started to write short Cornish dialect stories, which I recited at concerts given by Mid Cornwall Ladies Choir, of which I was a member for some 15 years.

"I decided to make this second CD to help raise funds for the Merlin MS Centre. I sincerely hope you enjoy this CD, and even if you don't, you will lie happy in the knowledge you are helping a very worthy cause."

Tamsin Chapman-Gunner from the Merlin MS Centre said: "We are delighted that Audrey has chosen to do this for us. She is very talented and it is lovely to hear someone using Cornish dialect. We are also grateful to Chris for recording them for us."

CDs are available at £10 each by calling the Merlin MS Centre on 01726 885530, or emailing tamsin@merlinmscentre.org.uk. They will be available to collect from the Centre, or can be posted for an additional charge.

Save the date: You can also support the Merlin MS Centre between the 1st and 8th December, and double your donation, by pledging your support in the Big Give Christmas Challenge. Details can be found at www.thebiggive.org.uk or by emailing hello@merlinmscentre.org.uk

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PUNS FOR EDUCATED MINDS

The fattest knight at King Arthur's round table was Sir Cumference. He acquired his girth from too much pi.

I thought I saw an eye doctor on an Alaskan island, but it turned out to be an optical Aleutian.

She was only a whiskey maker, but he loved her still.

A rubber band pistol was confiscated from an algebra class, because it was a weapon of math disruption.

No matter how much you push the envelope, it'll still be stationery.

A dog gave birth to puppies near the road and was fined for littering.

A grenade thrown into a kitchen in France would result in Linoleum Blownapart.

Two silk worms had a race. They ended up in a tie.

A hole has been found in the nudist camp wall. The police are looking into it.

Atheism is a non-prophet organization.

Two hats were hanging on a hat rack in the hallway. One hat said to the other: 'You stay here; I'll go on a head.'

I wondered why the baseball kept getting bigger. Then it hit me.

A sign on the lawn at a drug rehab centre said: 'Keep off the Grass.'

The midget fortuneteller who escaped from prison was a small medium at large.

The soldier who survived mustard gas and pepper spray is now a seasoned veteran.

A backward poet writes inverse.



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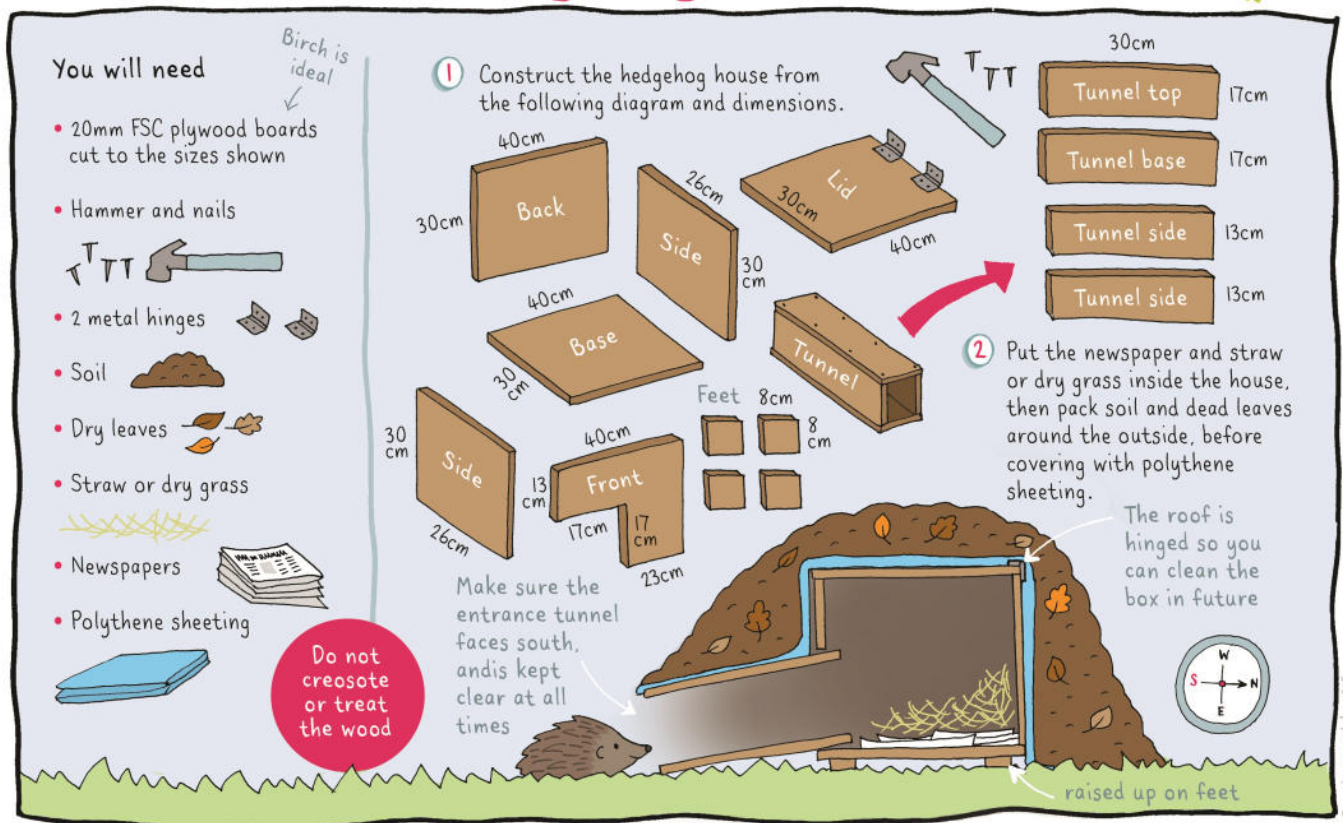
OPERATION HEDGEHOG LUXULYAN AND LANLIVERY CONTINUES

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A number of people in Luxulyan, Lanlivery, Sweetshouse, Lostwithiel and Par have had the survey equipment. This includes a footprint tunnel and a wildlife camera. Although we do not always get hedgehogs on the survey, we have had sightings in both our parishes. This is great news as Prickles and Paws will rehome rescue hedgehogs where they know there is already a hedgehog population. Hedgehogs are not territorial and need a group of over 30 in a mile or so radius to be a viable population. I am pleased to say that Natalie Toms, wildlife artist, has released 6 hedgehogs in Lanlivery this autumn, so we hope there will be a thriving population of hedgehogs here in the future. It was wonderful to see Autumnwatch raising the profile of the plight of our endangered hedgehogs on national television. Michaela Strachan put in a plea: "Do something for hedgehogs today." Here are a few suggestions:

1. Bring your flat empty crisp packets to Puddle Farmshop Lanlivery or Luxulyan Village shop. They will be recycled and for every 2 kg of crisp packets Prickles and Paws hedgehog rescue centre gets £2. This scheme has been well supported, so thank you to all who are already helping. The more we collect, the more hedgehogs we can help.
2. You could borrow the Operation Hedgehog survey equipment to help Cornwall Wildlife Trust map all the hedgehogs in Cornwall so that they can better understand their preferred habitats and how to support them. Contact me via the Facebook page or by email amandajpenk@gmail.com
3. Download the ORKS App. (Online Recording Kernow and Scilly) This is a way that you can take photos of wildlife you see, add the date and location, and send it straight to Cornwall Wildlife Trust for their records.
4. Build a hedgehog house. In Cornwall because the weather is so mild hedgehogs are not generally hibernating yet. So, if you build a hedgehog house you may get a resident this winter or maybe next spring for a litter of hoglets. See a suggested pattern below.

Make a deluxe hedgehog house



www.wildaboutgardens.org.uk

Produced in collaboration with Hedgehog Street

BOOK GROUP



As with most activities, our group is on hold at the moment, owing to pandemic and lockdown restrictions, but I plan to host a meeting via Zoom, as soon as possible, probably be in the New Year.

Sadly, we have to say goodbye to two of our very loyal and enthusiastic members, Judith and Mike Jones. They are moving away from Cornwall to be nearer their sons, but have said they want to keep in touch with Book Group and also to continue receiving The Granite Towers. We wish them every happiness in their new home.

A very Merry Christmas and a Happy New reading Year to everyone.

Kay Roberts Tel 01726 812065



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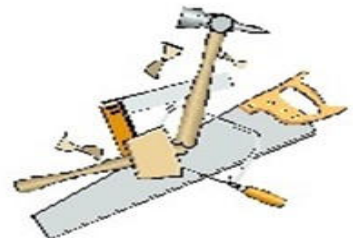
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FRIENDS OF LUXULYAN VALLEY

Lydia Deacon of the Westcountry Rivers Trust will be giving her presentation via Zoom on the later date of **Wednesday 2nd December at 7.30pm.**

This is open to members only and If you would like to attend please email folvmembership@gmail.com and we will forward the meeting link nearer the time.

The Westcountry Rivers Trust aims to preserve, protect, develop and improve the region's watercourses, while educating people about the value of this natural resource. The Friends of Luxulyan Valley carry out regular surveys of the Par River and tributaries within the Valley on behalf of the WRT to help monitor potential issues such as problem plant species or pollution.

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The Village Hall and our activities meet the requirements needed to be Covid secure but to maintain this we are unable at present to accommodate any casual visitors.

If you are interested in joining the class, please have a chat first with **Wendy Lewis**, tel. **07852112539**.

(We are, of course, unable to meet during this current and any subsequent lockdown situations.)



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A VERY STRANGE STATE OF AFFAIRS

'Have you noticed the difference again?' Purrdie stretched out a paw and tapped her companion smartly on the nose.

'Well they're getting up much later.' Moving his head out of reach, Buster looked hopefully at the kitchen door. If they didn't appear soon there might be an accident all over the kitchen floor.

'It's not just that.' The cat gave up trying to reach her friend. It was a game they played most mornings until the humans arrived. 'He's taking you for walks at odd times. No quick rush round the block in the mornings or to the park and back again once it's dark.'

Buster shook his head, scratched his ear with his back leg and settled back down on to his dog bed shoving Purrdie over a little. 'For the last couple of weeks, it's like it was in the spring, walks at any time and nice long ones. Not that I'm complaining you understand, it's just odd.' Buster dropped his head onto his paws and watched the clock ticking on the wall. If he could have told the time he'd have known, it was almost eight o'clock. His bladder knew the time.

'Something's changed, she was talking to that box thing in a smart shirt and her pyjama bottoms. I saw her, sitting at her desk, fluffy things on her feet.' Purrdie licked each paw thoughtfully adding, 'and he's home all the time again, doesn't even get into his clothes some days. Sits on that couch, that thing on his lap, things in his ears, tapping away. Went mad when I walked over the grey thing, all the pictures disappeared.' 'It's a laptop,' Buster informed her grandly, 'all very important. I heard him say so.'

'What's it do? She's got one as well, keeps it on the kitchen table.' Purrdie yawned, needle sharp teeth and a very pink tongue.

'Um, well not sure exactly, they spend hours in front of them.' Buster looked thoughtful. 'He gets quite cross with it at times.'

They lay, curled up together wondering about the humans who shared the house with them. They were very useful creatures, humans. Easily pleased and an excellent source of food, great for scratching you behind an ear or throwing a ball, but beyond that they seemed to have no purpose. Having them hanging around the house all day, rarely going out was quite perplexing to both Purrdie and Buster. They liked having the house to themselves all day, sleeping away the hours till the humans returned and needed tending to.

'Other humans don't come here either,' Purrdie said. 'They used to all the time, remember?'

Buster grunted, eyes half closed. 'The small ones were the worst, always pulling your tail or sticking their fingers in my mouth.'

'Horribly smelly creatures, glad they don't live here too.' Purrdie meowed at the thought of it. 'Think I'd move out and find a new human.'

'Me too, the last ones who came kept sitting on me. It wasn't nice.'

Purrdie stroked his nose gently to cheer him up. 'That shiny tree's back, the one they hang sparkly bits on. Only comes out once a year. They put boxes underneath. It's much earlier than usual but there's nothing round it.'

'I heard her say she'd put it up now though it was still weeks away and it would cheer them up,' Buster said.

'What's weeks away and why do they need cheering up? Purrdie asked. 'Are they upset about something?'

'No idea but I wish they'd come and open up the back door I need to go out.'

'You should have a door like mine,' Purrdie arched her back and curled up. 'The dog next door has one though he got stuck in it; saw him half in and half out only his tail waving about.'

A door banged, thudding followed and a pair of feet with hairy toes appeared.

'Sorry old boy, did you think we'd forgotten you?' a hand ruffled Buster's ears then opened the door to the outside. A blast of cold air blew in. 'Over-slept. Still, no rush these days in lockdown is there. Off you go now.'

Buster heaved himself up and padded over to the door and sniffed the air, he didn't listen to the human, it was usually a flow of words that he could filter out unless walkies or food were said. Hearing neither he headed outside, Purrdie not far behind him. It really was a very strange state of affairs!

Judith Jones



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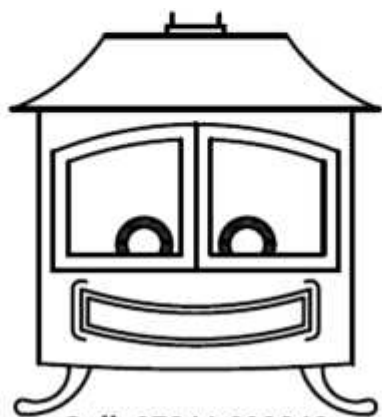
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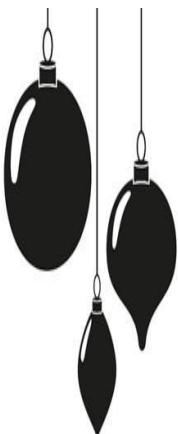
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LUXULYAN AND LANLIVERY WI REPORT

Connected by pasty! It could only happen in Cornwall. The October meeting was to have been our usual Harvest Supper, with pasties ordered from a local bakery, homemade desserts, competitions, and an auction of harvest produce. However, Covid restrictions stopped all that. We may not have all been together to celebrate Harvest Festival, but thanks to Amanda Penk's brilliant idea, but we all had pasties and puddings in different houses that night, when only 2 households could meet. We kept to the Rule of Six and socially distanced ourselves. It was a WI meeting with a very special twist.

The idea was then to post the photos on Facebook and give donations to local foodbanks, or via collection points like Luxulyan Church. Thank you to everyone for posting your photos, which feature on the back page of this magazine, and for keeping us all in contact with each other. Not many WIs can boast they had a knitted pasty, but keen knitter, Susan Hawkins certainly had a go, and lo and behold, there it was on Facebook!

Luckily, the autumn walk was able to go ahead, when members did the Hall Walk in Fowey.

A Christmas flower arranging demonstration by Diane Williams would have been the high point of our eagerly anticipated meeting in November but sadly, Covid struck again, and the second lockdown wiped that from the programme.

Ideas for a Christmas party in December, along the lines of the Harvest pasty supper, were discussed, but found to be difficult. Then Diane offered to give the talk in December, when we usually have the Christmas party. This might now go ahead, as it will be after lockdown, providing that this is lifted and the rules allow. In any event, we are on standby to hold the meeting on Wednesday December 9th, at 7.15pm, in Luxulyan village Hall. It may even be possible to bring our own food and drink. A final decision will have to be made much nearer the time, and our secretary Jackie Russell will inform members.

Wednesday December 30th is the date set for another of Amanda Penk's walks – the Winter Walk at 10am to Helman Tor; and Wednesday January 13th at 7.15pm, sees the first meeting of the New Year, with speaker Susan Symons talking about Queen Victoria and her daughters. The competition will be piece of old jewellery.

Dave Brown of St. Petroc's will be giving the talk at the meeting in February, and the competition will be something knitted to keep you warm – hat, gloves or scarf, but obviously we shall have to wait and see what the future holds for the fate of these plans. We are determined that the WI will

be there for everyone who wishes, so we go on hoping and planning.

New members and visitors are always warmly welcome to meetings. Please ring our secretary, Jackie Russell on 07925966696 for more information.

Verna Roberts



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CHURCH HUMOUR



ALL I WANT FOR CHRISTMAS

'You know,' Santa said to Mrs Claus a few days before Christmas Eve, 'something doesn't feel right this year. I don't know what it is. People aren't doing the things they normally do at this time of year.'

Mrs Claus shook her head sadly. 'No. I've heard there's a bug going round and lots of people are having to stay indoors and not see their friends or family. They're pretty fed up about it.'

Santa stroked his long white beard. 'That's not good, not good at all. Well, Christmas usually cheers them up. We'll have to try to make it extra special this year.'

'That's a nice thought,' Mrs Claus said, 'but what more can we do? We work so hard all year to get things ready. The elves are exhausted.'

'I know,' said Santa, 'but we must think of something.'

Strolling through the workshop where the elves were busy putting the finishing touches to the toys and presents they were making, Santa was deep in thought. What could he do to help people? He realised that what everyone wanted more than anything was for the bug to be gone so they could get back to normal. Santa would dearly have loved to do that, but banishing bugs wasn't within his power. Flying, travelling around the globe in one night, squeezing down chimneys or through windows and doors, that was easy. Magic didn't work on bugs though. But then the world didn't need magic. It needed a miracle.

The more he thought about it the more depressed Santa became. What if everyone was so fed up, they weren't looking forward to Christmas? What if children didn't leave carrots out for the reindeer? More importantly, what if there were no mince pies and sherry left out for him? Santa didn't drink much, but he really enjoyed his Christmas sherry. What worried him most was the thought that the bug might reach the North Pole. Suppose he caught it or suppose the reindeer were ill? What would happen to Christmas then?

'Well, dear, we'll just have to hope for the best,' Mrs Claus told him. 'We're a long way from anywhere here, and we've never caught anything yet, so I'm sure we'll be fine.'

'Of course we will,' said Santa, cheered by his wife's optimism. 'I just hope things will be better next year, that's all.'

'Yes,' agreed Mrs Claus, 'I'm sure everyone hopes for that.'

And that, Santa realised, is what people needed most of all. Hope. An idea came to him and he rushed to the workshop. 'My faithful elves!' he cried, clapping his hands together. When he had their attention he said, 'I know you're all very busy and you've worked so hard, but we need to add something to our deliveries this year. People need hope, and I want to give it to them.'

The elves looked at each other, mystified.

'But Santa,' said the chief elf, 'we don't know how to make hope.'

'That's right,' squeaked another. 'It's not like making a doll or a train or a book. We've never been taught how to make hope.'

'Oh,' said Santa. 'I never thought of that. Surely one of you knows how to do it?'

In a Mexican wave of pointed hats, all the elves shook their heads.

'Right,' said Santa. 'Well if anyone has a brainwave, let me know.'

In desperation he went to the stalls where the reindeer were resting, saving all their energy for when they had to

pull Santa's sleigh.

'Hello, trusty friends,' he greeted. 'Do any of you know how to make hope?'

'No,' they chorused.

Vixen ambled forward. 'I don't think you can make hope,' she said. 'I think it makes itself. It's sort of organic. It can grow, and you can give it to people, or they can give it to you, but you can't manufacture it.'

'Oh dear,' sighed Santa, wondering how he could give people hope if he couldn't wrap it up and put it on his sleigh. 'OK, thanks anyway.'

'Never mind, dear,' said Mrs Claus. 'Perhaps you don't need to make hope. Perhaps you can just suggest it.'

Santa stared at her. 'What do you mean?'

'Well, for lots of people Christmas is a constant in their lives. Whatever trouble the world's been in you've always carried on, delivering presents and cheering people up, haven't you?'

'Yes,' said Santa, wondering what she was getting at.

'So,' Mrs Claus went on, 'the fact that you're there every year no matter what is enough. All they need to know is that you won't stop, that you'll be there next year and the year after that and the year after that.'

Santa gazed at her in amazement. 'Really? Is it that simple?'

Mrs Claus laughed. 'Of course it is. You know what they say. The best things in life are free. And the best things in life are things you can't see, like air. I mean we couldn't live without air, could we?'

'No,' said Santa, 'and we couldn't live without hope.'

Santa spent the next two days writing millions of notes. On the front of the envelopes he wrote HOPE, FROM SANTA in capital letters.

As Christmas Eve dawned, he and the elves began loading up the sleigh. By dusk it was finished, and the reindeer were harnessed up with Rudolf in the lead.

'Don't keep me any dinner, dear,' Santa said to Mrs Claus. 'With any luck I'll be full of mince pies.'

The sleigh took off, flying high over every country in each continent, Santa delivering presents as he went. In each house he went to he left an envelope. By the time he got to the very last house it was nearly morning. In his rush to get home before it was light, he tripped over a plate of mince pies and fell crashing to the floor. The boy in the bed woke up, and Santa hid behind a cabinet. He watched as the boy crept towards the pile of presents he had left. The boy picked up the envelope on top of the pile and read the words on the front.

'Hope, from Santa,' he read aloud. Tearing it open he unfolded the note inside. 'Merry Christmas. See you again next year.'

A smile spread over the boy's face and he ran to show his parents. Scrambling up, Santa hurried back to the sleigh and flew home.

'There you are,' said Mrs Claus when he told her. 'I told you it would be all right. And look what hope you've given people.'

Santa eased the boots from his feet. 'Yes,' he beamed. 'It worked out well. It's everything I could have hoped for.'

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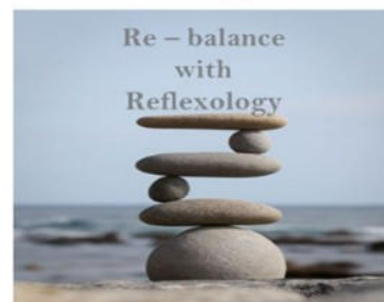
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EVEREST ARTIST DONATES PROCEEDS FROM HIS 'LOCKDOWN DIARIES' PRINT TO ENVIRONMENTAL CHARITIES

World Wildlife Fund, Rainforest Trust and Cornwall Wildlife Trust to benefit

Internationally renowned explorer artist Tony Foster has pledged all profits from his '*Lockdown Diary – 56 Days*' print to the above environmental charities. The Limited (500) Edition Giclée prints, priced at £350 including VAT, have already raised over £25,000.

The 138 cms x 75 cms artwork is a magnificent collage recording Tony's daily walks in and around Tywardreath, (the Cornish village which has been his home for the past 45 years), during the first few weeks of Lockdown. Lanlivery and Tywardreath share a parish boundary.

Having watched and been moved by Sir David Attenborough's recent programme on the extinction of species, Tony has 'decided to donate all the profits to those environmental organisations that are most likely to be effective in mitigating this destruction.'

After seeking advice from both Sir David and Professor Sir Ghilleen Prance, former Director of Kew Gardens, he has decided to divide the money between the World Wildlife Fund, Rainforest Trust UK, and Cornwall Wildlife Trust.

Tony Foster has made a 40-year career out of painting the world's wildernesses, from Mount Everest to the Grand Canyon, from Arctic icebergs to active volcanoes.

'No-one can spend long periods of time in these places without becoming concerned for their protection,' he says. His maxim has been, 'When my work is exhibited, I hope that not only will people be struck by the extraordinary beauty of the places I find, but that their resolve to protect these places from depredation will be strengthened.'

Tony, whose work is particularly popular in the USA, where he has been honoured with the establishment of 'The Foster Art and Wilderness Foundation', a museum devoted entirely to his work, explained that in May he should have been in America making paintings for an exhibition there, but lockdown forced him to focus on his local area.

'Every morning during the early days of Lockdown,' he reveals, 'I took a tiny sketchbook and stub of a 2B pencil on my morning walk and made sketches and notes of things I found *en route*. This could be anything – a bumblebee grounded in a cold wind crawling under a gorse bush; a blue tit attacking its reflection in a car mirror; some sea-worn sticks washed up on the tide; the early morning light catching a rocky outcrop. I brought my observations and discoveries back to my studio and created a small painting with notes for each day.'

He challenged himself to find a different route every day, usually covering two or three miles over about 90 minutes. 'Even after living in Tywardreath for 45 years, I found places I have never seen before.' His work was then displayed in the village's former BT phone box, acquired by Tony and other villagers in 2018 and christened the 'ArtBox'.

Most of 'Lockdown Diaries' print sales to date have been in the USA through 'The Foster Art and Wilderness Foundation', but Tony is hoping that he can find support for his latest gesture from art-lovers in his homeland.

(See back page for an example of one of his sketches on the print).

For further information, contact: Tony Foster Tel:01726 815300

Email: tonyfosterart@btinternet.com Website: www.tony-foster.co.uk

* * * * *

EMAIL FROM OXFORD



What swings and roundabouts we've experienced over the past couple of months! From the gradual return to a more normal routine, back to lockdown - take two, albeit not quite as locked down as the first time in many respects, though enough. It is very easy to become despondent, with all the uncertainty that this year has held, however, with the light from the media being shone on the mental health of the general populace, there is a lot of information and many good suggestions floating around on the topic of self-care.

Along with many people, I have found myself unable to work for the second time this year, a blow for sure, but not wholly unexpected. I have found that looking at a situation from a different angle very helpful in finding the positive from what would at first impression be negative. So, I have decided to take this time as a blessing. A blessing of time that I can use for: learning new things; clarifying my next step of when I am able to return to work; and to pick up hobbies again, which for all my best intentions after the first lockdown, were essentially dropped as soon as I was able to refocus on getting back to work. There are always things to do! I obviously didn't learn the self-care and life-balance lesson well enough last time!!

Another blessing that seems to have come out of the past few months of turmoil for people is the connection, or re-connection for some, to family and friends—the reaching out to those who you might ordinarily think, 'they're all right' or 'no news is good news', but to whom we now speak by phone or online as a matter of course. I am now a part of various 'group chats' on different online platforms which enable everyone in the group who wants to, to be included.

One such group chat is with my fiancé's family...all four of us! which has taken the form of a games night where we all log on to an online game room and spend a few hours battling it out. For my fiancé and his brother, it's generally a battle of wits and strategy. For his mum and me it's more a battle of wits against the non-conforming computer controls or the games' rules! I can guarantee we're a definite frustration to the speedier boys, occasionally getting to the point where we just tell the boys where we want our pieces to move and it's generally done before we've stopped speaking. Still, it's a fun few hours each week spent in each other's company, which we wouldn't have thought of doing a year ago.

It's a curious thing, change, and how we react to it. For many it's treated as if it's a rare occurrence and any change to routine and 'the world is coming to an end'. In reality, change is one of the only constants during our days.

(continued on page 21)

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Julie Moutinho DPodM MCPod

Registered Podiatrist

juliemoutinho123@gmail.com

hcpc
registered
www.hcpc-uk.org

(continued from page 19)

The change from morning to night, the change of a full plate to an empty, even just breathing. One moment is always different to the next, we're all very good at adapting, and becoming accustomed to our daily changes (routine). What we may not recognise (in essence) is that these little daily changes are just the same as the 'big' ones, they just don't happen quite as often.

With the inexorable change of season and year, it's a time to celebrate the year going out whilst looking forward to the promise of the one ahead. This year the celebrations may be a little different, and the promise of what the new year will bring may seem a bit more uncertain. But with spring just around the corner bringing a wealth of new life and longer warmer days, there is definitely light at the end of the tunnel, even if the destination is a bit different to the one we would choose.

Have a wonderful Christmas and New Year however you choose to celebrate, and fingers crossed for a steadier year ahead.

Katy x

A ROSE BY ANY OTHER NAME

Sometimes I'm called Santa, sometimes it's St Nick.
I'm the self-same person whichever name you pick.

I like Father Christmas, it suits me best I think,
I'm the father of Christmas though it's a somewhat tenuous link.
It's celebrating something that happened long ago,
A very ancient story that I'm sure you all will know.
There are differing stories from all around the earth.
They each have their meaning and they each have their worth.
They tell a similar message whatever language they're in,
And if we all can heed them then all challenges we'll win.
Jesus, Buddha, Muhammad, they showed us how to live;
They taught us not just how to take but also how to give.
So whatever you are called, whether Mary, Yousef or Pete,
You are still a rose and you smell so very sweet.
Call me Father Christmas, call me Santa Claus,
Think of me as old St Nick, whichever choice is yours.
But whatever you decide remember I'm one and the same;
And that underneath we're all alike, no matter what our name.

Christine McHaines
November

* * * * *

BRONZE CERTIFICATE FOR LUXULYAN CHURCH

at



Luxulyan Church has achieved the Bronze certificate of the Green Church Kernow Environmental Award! Luci Isaacson, the Diocesan Environment Officer, presented the certificate our Parish Praise service at the end of September. We were delighted to find out during October that Luci has been awarded the BEM in the delayed Queen's Birthday Honours list for her work with Cornwall Council's Flood risk team.

We are now working towards our silver award; I am in the process of writing our PCC Environmental policy but there are many other things that we are planning to do.

The churchyard group, who meet on the first Friday of the month (contact Joan Farmer for more information) are planning to place some bird boxes and bug hotels in the churchyard but could do with some help in building them!

Have you the practical skills and a bit of time to help us? The PCC can access funds for materials, but we really need the skills! Please contact Shelley if you can help! We also plan to install more water butts.

We are hoping that the church will be able to be open by next February so that we can have a Fairtrade stall for Fairtrade Fortnight in February. When we can recommence our refreshments, we will be using Fairtrade sugar, coffee and tea and using local milk (from the local shop!). We will stop using plastic bottled water and ensure that we are not using disposable items as far as possible.

We hope to organise a litter pick along some of our more litter strewn lanes to complement the work that the parish council does in the village but this will not be until restrictions are lifted and the weather is more conducive to outdoor working. Again, it will be good to hear from anyone willing to help us.

Finally, for this month – we know that MPs have had their hands full dealing with the COVID-19 issues and Brexit, but we really need them to continue to support parliamentary action for climate change as well! It would be good if everyone would contact our MP to remind them of this important issue www.goo.gl/SOvKFR. The plan is to be carbon neutral by 2030 – the challenge is on!

Shelley Porter
famporter58@gmail.com

ADVERTISING

Please contact Tony Hepworth on 01208 873194 anthony.hepworth@btinternet.com
PLEASE NOTE OUR REVISED PRICES DUE TO INCREASED COSTS:
Large adverts cost £40 and small cost £25 for six issues per year.

FROM CHURCH



Dear Friends,
I am writing this at the end of October. I don't usually need to write that in an article but once again the world around us is changing rapidly. At this stage we don't know whether we are able to be with friends and family at Christmas. Although, of course, we hope we will be able to have some

kind of Christmas celebration, it's hard to know exactly what that will look like too. And it's all out of our control.

One thing that has given me some sanity through the last few months has been saying, contemplating, and trying to live out Reinhold Niebuhr's serenity prayer.

"God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference."

I have, so often in these months, felt powerless. In acknowledging that, and laying down the things I have no power over to the love and power of God, I have felt more at peace. But it is also important to acknowledge that there are some things I can control, and doing something about them is part of my life of being a follower of Jesus.

To give you an example: I have felt powerless over the isolation and loneliness some of my lovely parishioners have been feeling. And what can I do about it? Well, if they are shielded, not very much. But I can pray for them, that they would know God's peace and comfort, and I can ring them, or send a card.

In the same way (without playing politics here) I felt powerless over the enormous problem of child poverty in this country. Let me tell you about a family one of my churches has been working with.

K and M have 3 small children. Both have worked full time since leaving school. Sadly, K, the dad, was furloughed in March and made redundant in September. With a 5 week wait for Universal Credit, the usual rent and bills, they quickly got behind. To compound matters they continued to use the nursery sessions for their, as no one told them that since dad had lost his job, they were no longer free. They continued to use them because K has been job hunting and attending job interviews. And so, within 3 weeks they were unable to pay the water bill, unable to pay the nursery arrears and struggling to buy food. So, they went to the Foodbank where they were given a parcel to last them a few days. We were able to negotiate on their behalf with the council (to put off council tax) and South West Water so that the church is paying £50 a month towards those bills. Then we put a request in to Acts 435 to help pay off the nursery fees.

We can't get the dad a new job, but all of us can support families like this one. We can give to the Foodbank, we can write to our MP about the 5 week wait for Universal Credit and we can help families directly by supporting Acts 435 (see the other article following about this work).

We have no idea at this point what Christmas will look like – we are powerless over the restrictions that may or may not come. But we do have power to help the most vulnerable and needy. We do have power to bring light and hope and a bit of support to one another on the phone or in a letter. We do have power to seek out the God of hope and light.

This Christmas, whatever it looks like for you and your family, my hope and prayer is that you might find the God of serenity, the God of courage and the God of wisdom, who became flesh in the person of Jesus. May you seek Him and find Him.

In Him was life, and the life was the light of men. And the light shines in the darkness, and the darkness did not comprehend it. John 1:4-5

With my love and blessings as ever,

Revd. Jules

revjules@btinternet.com

ACTS 435

Hi All,

I've asked for a bit of extra space to tell you about Acts 435. Here is the idea:

Acts 435 is an online giving charity, directly connecting those who want to give with those who are in genuine need of their help, through a network of local churches and charities.



I am telling you about it for 2 reasons:

Firstly, and most importantly, if you know someone who is in need in our community, don't hesitate to get in touch with me; (I am an advocate and am able to post requests). It may be that we are able to source something that would alleviate their difficulties. So it could be a washing machine that's broken; it could be that they are in desperate need of school shoes for their child and they simply don't have the money; it could be that they need to carpet a bedroom and their income won't stretch. All I would have to do is have a chat with the person and verify they are who they say they are.

Secondly, rather obviously, have a look at the website and consider giving to a specific need! (www.acts435.org.uk)

If you'd like to know more, get in touch.

With my thanks and every blessing,

Revd. Jules

FROM CHAPEL

NEWS FROM GUNWEN



The long-awaited reopening service at Gunwen Chapel took place on Sunday, 11th October, with the number attending being just below the limit allowed by the current social distancing measures. The service was led by the Chapel Minister, Rev. Paul Parker, and was enjoyed and appreciated by all who attended.

A service had been provisionally scheduled in November, but this was subsequently cancelled due to the second national lockdown.

Hopefully a service will be held in December, and for an update on a possible date and time please phone Ivan Phillips on 07812 454665. Ivan will also be able to provide details of the required 'COVID-19 Secure' procedures.

Meanwhile there is plenty of information, including regular weekly worship and prayer resources, at the Methodist Church website - www.methodist.org.uk, and the St Austell Methodist Circuit website - www.staustellmethodist.co.uk.

Friends of Gunwen 2021 Calendar

Many of you will know that the 'Friends of Gunwen' produce an attractive calendar every year. The calendar is A4 in size, and features a full colour photo of a Cornish theme for every month of the year. The calendar has always been very popular, and with a price of £5 and being easy to post, it makes a delightful Christmas gift, particularly for family and friends living 'up country'.

The normal sale and distribution of the calendar has been very disrupted this year due to the effects of the pandemic, but calendars can still be delivered in the local area or sent by post. If you would like to make an order, please phone Ivan on 07812 454665.

Unfortunately, the usual Christmas events at Gunwen cannot be held this year, however the 'Spirit of Gunwen' lives on, and will help in guiding us to happier and more settled times in the New Year.

With best wishes for Christmas and the new year from all at Gunwen.

Patrick Reynolds

* * * * *

Dear Friends,

Good to read in last issue of 'GT' that the Reading Room has been sold in Lanlivery and the church is now to be increasingly used as a community resource. Great! That is just how we should use our ancient buildings in the service of today's needs. I have always praised St. Brevita for making this bold use, even to the extent of seeing Howard in a recent Facebook page holding a Halloween event there a good while back.

In this edition I am running an advert for my recently published book of progressive Christian poems (*see page 30*). After forty years rural ministry, like many of you, I am increasingly distressed by the state of our church as it declines in congregations, clergy and money. I put much of the loss of our current generation to the church down to the antiquated and fundamentalist theology it still tries to teach them, as well as its post war management. A scientifically educated generation has little time for a God up in the sky, a world made in six days, miracles and all the other teachings the church expects them to take on board without using their rational thought processes. Hence my mantra over the years when taking school assemblies was not "Did it happen?" but "What does it mean?" This was my attempt to get the children to think of the meaning behind the miracles and other unbelievable stories in order not to lose the original essence of the gospel message before extra bits were added, often hundreds of years after the death of Jesus.

This anthology of poems tries to address these issues and offer an alternative way of looking at our faith before dismissing it as meaningless magic. Some are quite challenging but Lanlivery has always supported my ministry of not avoiding the difficult issues - remember the Jesus-as-Che poster one Easter? We should never be afraid of controversy and challenge when faced with injustice or addressing matters that are simply wrong - quarry protests and beef-on-the-bone come to mind, as well as meeting with a certain PM to confront him with the effect on rural life of his policies. That is why some poems seem a little angry; as I say in the preface, "If you are not angry in today's world, there is something wrong with you. Poverty, child abuse, failing educational systems, domestic violence, religious terrorism, environmental damage, excessive wealth, rampant consumerism, rogue states, egomaniac world leaders, political hypocrisy—just how long a list do you want?"

In these poems Lanlivery church and Lanlivery parish and people make an appearance, as does the Che poster. I remember the people of Lanlivery in the acknowledgements and my friend Howard in the memoriam, as well as Caroline Harvie and Verna Roberts who looked over some early poems. Lanlivery has had a major impact on my ministry, for which I am sincerely grateful, and I hope you will appreciate these poems and the sentiments behind them. I wish you all well in both parishes and envisage lying in the churchyard with all my friends for an eternal party there - although not for a good while yet!

Stay safe. Your friend and one-time parish priest (retired),

David Keighley

P.S. the last 'GT' had a picture of Lanlivery school children after the return of the stolen Sandy Way cross. If anyone still has the poem the children wrote seeking its return, I should be grateful for a copy. I wonder if anyone will ever uncover the time-capsule in the north wall?

Lanlivery Church News and Services

Lanlivery Services

Lanlivery Church is open daily from 3rd December. This could change again if the COVID 19 situation changes; please check the website and Facebook page for any alterations to the opening of the church and the services.

December 2020 (Updated)

6th, Advent 2
9.30 Eucharist

13th, Advent 3
6.00 Carol Service (to be confirmed)

20th, Advent 4
9.30 Morning Prayer

24th, Christmas Eve
10.00 Midnight Mass

25th, Christmas Day
9.30 Worship at the Crib

27th, Christmas 1
10.30 Benefice Service at Bradoc

January 2021

3rd, Christmas 2
9.30 Morning Prayer

10th, Baptism of Jesus
9.30 Eucharist

17th, Epiphany 2
9.30 Morning Prayer

24th, Epiphany 3
9.30 Eucharist

31st, Epiphany 4
10.30 Benefice Service at Bradoc

Christmas Eve:

We are sad that we will not be able to hold our usual Crib and Christingle service in the afternoon on Christmas Eve. This is due to the regulations regarding COVID19 and the numbers we would normally expect. We are planning to have a number of DIY Christingle kits available, via Lanlivery School and the church, for families to make at home and enjoy. Please keep your eye on our social media for more information.



CONTACT DETAILS FOR LANLIVERY CHURCH

www.lanliverychurch.org.uk
lanlivery@gmail.com

Rector: The Revd Paul Beynon,
The Rectory
Springfield Close,
Lostwithiel
01208 623577
p-beynon@sky.com

Associate Priest: Revd Sheila Bawden

Churchwardens

Tim Turner: 01208 872165
Ellen McConnell: 01208 872981
ellen.mcconnell@hotmail.co.uk

Church Office:

01208 872232
church_centre@yahoo.co.uk

From the Registers

Laid to rest in the churchyard on 6 October, following a service in church, Anthony Williams of Sweetshouse.
"May He Rest In Peace And Rise In Glory."

YEARS' MIND (Recalling the passing of the following parishioners):	
Dec	Jan
Rose Melanie Scorse	Elsie Saggs
Margaret Sophia Williams	Ian Crawford
Walter John Wellington	Patricia Griffiths
Valerie Christobell Lyons	Mary Beatrice Martin
Horatio Allen Griffiths	Gordon Faddy
Ray Davis	Elisabeth Jean Thomas
	Moyra Jean Serls
	John Maurice Higham Linfoot

* * * * *

HARVEST FESTIVAL SERVICE LANLIVERY CHURCH

Considering the situation, Harvest Festival was quite well attended. Sheila Bawden took the service with an intriguing sermon on the idea of a whole harvest in a tin of soup – the contents - food, water, the metal of the tin, the paper covering it etc. The fruit and vegetable offerings, tinned and dried foods were placed at the front of the chancel table, where the congregation could help themselves and give donations. The non perishable foods were destined for the St. Austell food bank. Caroline Stephenson of Penpel and Victoria Nelson from Lostwithiel provided the musical content of the service, socially distanced and singing the hymns the congregation were not allowed to.

Verna Roberts

LUXULYAN CHURCH NEWS

CHURCH ACTIVITIES

PRAYER WALKING WITH LUXULYAN CHURCH

As a church we feel it is important to pray regularly for our community; to this end we normally arrange a 'prayer walk' in different parts of the parish each month.

Our current planned dates are:

9th December
13th January

We start at the church at 9.30 am. Routes will be weather dependent, but will be added to website and Facebook page in advance. Due to the current restrictions, we will probably focus on the village and surrounding areas, and numbers may be limited depending on the prevailing rules.

If you have any special prayers, please contact me at famporter58@gmail.com.

Shelley

* * * * *

**Christmas is not cancelled!
Crib and Christingle service2020 style!**



Due to the current restrictions we are going to have to do our annual Crib and Christingle service a bit differently! We know that this wonderful service, usually held the Sunday before Christmas, has become a

family tradition for many families. We can't meet in church but of course we can still celebrate as a family, so Luxulyan Church is offering 'Crib and Christingle in a bag'!

We will provide all the bits and pieces that you will need to build a family Crib and Christingle; we will provide the explanation and some prayers that you can use as a family in the comfort and warmth of your own home (there are some positives!).

All we ask is that you **pre book** your family bag by Monday 14th December and we will arrange to deliver or ask you to collect (depending on restrictions at the time) before Saturday 19th December. Please contact Shelley 07761798220 or email famporter58@gmail.com to order.

We usually have a collection at our service in aid of the Children's Society; if you would like to make a small donation towards this wonderful charity then this can be done online <https://www.childrenssociety.org.uk/> or given to Shelley who will pass it on.

You may also be interested in the National Christingle Event on 13 December 2020 for more information visit

www.churchofengland.org/more/media-centre/church-online

Luxulyan Church Services

Sunday 6th December

11 am Sung Eucharist

Rev Jules Williams

Sunday 13th December

11 am Parish Praise

Local Worship Leaders

Sunday 20th December

11 am Sung Eucharist

Rev Jules Williams

Thursday 24th December* (See note below)

6 pm Service of Lessons and Carols

Rev Jules Williams

Friday 25th December

St Blazey 9.30 am Sung Eucharist

Rev Jules Williams

Sunday 27th December

No service at Luxulyan

Sunday 3rd January

11 am Sung Eucharist

Archdeacon Audrey

Sunday 10th January

11 am Sung Eucharist

Bishop Hugh

Sunday 17th January

11 am Sung Eucharist

Archdeacon Audrey

Sunday 24th January

11 am Parish Praise

Local Worship Leaders

Sunday 31st January

11 am Combined (zoom)

*Luxulyan Service of Lessons and Carols - 24th December 6 pm

We are planning to run our Christmas Eve service of Lessons and Carols as a live event in church. However, in order to comply with social distancing and with due consideration for the safety of our community, we regret to announce that only those involved in delivering the service will be able to attend. Also at the time of this e-edition (1st December) only choirs, and not congregations, are able to sing inside churches.

The service will be streamed on Facebook Live, and the service sheet and carols will be downloadable from our website. Don't worry, if you aren't on Facebook, you can still join us, and advice on how to log in will be posted on our website prior to the service.

For updates on all services and events, please see our website or Facebook page.

Contact Details

Website: www.achurchnearyou.com/church/2490/

Priest:

Rev. Jules Williams 01726 76282
revjules@btinternet.com
(Day off - Friday)

Churchwardens:

Robin Burley 01208 831145
rabkol@aol.com

Jim Cleare 01726 850553
Jim.cleare@btinternet.com

COUNTRY DIARY

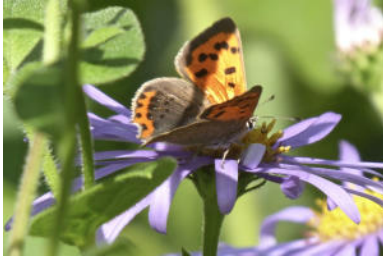
14th SEPTEMBER 2020

Hot and sunny with daytime temperatures around twenty-four degrees C. I watch two grey squirrels foraging for nuts on one of the hazel trees.

17th SEPTEMBER

A warm wind stirs the tall treetops sending golden beech leaves floating earthward. A nuthatch calls urgently from the Willow Wood area.

18th SEPTEMBER



The warm sunshine encourages the butterflies to seek out nectar sources. The aster 'Monch' (Michaelmas daisy), that I planted this year is proving popular and plays host

to a small copper, a small tortoiseshell, a red admiral and a large white.

21st SEPTEMBER



As I work in the garden, I am aware of a distinctive whirring of wings nearby. Without needing to look up I know that a robin has joined me, and, after a while, he strikes an iconic pose on the spade handle.

22nd SEPTEMBER

The hedgerows along the road to Lavrean are rich with sloes, haws and acorns.



29th SEPTEMBER



A stunning sunrise heralds the start of a day of mild airs and light breezes.

1st OCTOBER

Cool but sunny. I observe two nuthatches and a male blackcap amongst our avian visitors today.

3rd OCTOBER

Rain and wind. A marsh tit drops by to take off sunflower seeds. A charm of about thirty goldfinches commandeer the feeders, having recently returned from foraging in the wider countryside. A male bullfinch is promptly repulsed! Despite the damp conditions I discover a hummingbird hawk moth gathering nectar from the dahlias with his long proboscis.

5th OCTOBER

As dusk embraces the garden David sees a pipistrelle bat hawking over pond Six.

9th OCTOBER

David reports a common darter dragonfly basking in the warm sunshine. The second flush of delphiniums continues to bloom.

14th OCTOBER

Late afternoon on Rowan Bank I watch a young grey squirrel sitting in a sweet chestnut tree feasting on a pinecone. The breeze sighs in the boughs of the

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COUNTRY DIARY

Scots pine, the source of his bounty, while nearby a robin sings wistfully. Having finished his meal, the squirrel lets the remaining core drop and scampers off along the branches.

15th OCTOBER



I walk out into the bright, crisp autumn morning. Down by the stream I see that the yellow-berried holly is arrayed with thick clusters of fruit, glowing warmly against the cold, blue sky. Up

on Rowan Bank the tall holly is bright with shining, scarlet berries. I hear a wren singing loudly as the day draws to a close.

16th OCTOBER

Early afternoon we walk to Lavrean where the mighty Oaks have thrown down copious amounts of acorns.



We gather some for the grey squirrels that frequent our bird feeders. The silver October sun sparkles through the tired leaves, filling the gigantic, white clouds with a dazzling splendour.

19th OCTOBER

A row of molehills has erupted along Bullfinch Lane where the earthy aroma of autumn pervades the air. The fruiting bodies of several fungi add interest to the season's tapestry. At dusk David goes to neighbour K's field to watch a barn owl hunting.

22nd OCTOBER

I watch a pair of marsh tits flitting amongst the willow branches above the stream. They are either finding insects or drinking raindrops that adorn the mossy limbs.

31st OCTOBER



For the past month, the two nuthatches and marsh tits have spent each day taking off sunflower seeds to eat and possibly store. The trunks of the silver birches are clearly defined by the sun's hesitant rays.

4th NOVEMBER

A small flock of redwings flies out from a roadside hawthorn where they have been devouring the crimson haws. All the sloes and

acorns have now disappeared from the blackthorns and oaks along the wayside.

7th DECEMBER 1989

Whilst driving near Rosenannon I observe a kestrel perched on a tree stump. The hazels along the hedgerows near Burlawn are thickly hung with catkins.

1st JANUARY 1993

As the old year passes, I step outside to hear Luxulyan church bells ring in the new. I gaze skyward at the myriad of distant stars and drift back in time to hear them ushering in the year 1828. Thomas and Elizabeth Francis are listening as they watch over their baby son John, born at Christmastime. John Francis would become my great-great grandfather. The chimes begin to fade as 1993 unfolds.

Kathryn Hill



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Steph Apostolou: luxulyanpreschool@gmail.com

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Bereavement in Cornwall during COVID-19

Visit our website for a list of charities and services able to offer support to those bereaved, from any cause and of any age

www.cornwallbereavementnetwork.org



Bereavement services in Cornwall have come together with the aim of making it easier for those who have experienced the death of a loved one to find support

If you would prefer to speak to someone about where to find the right emotional support for you then please call

01726 829874 10am - 6pm Monday to Sunday

One of the team from Cornwall Hospice Care will help to put you on touch with the right support for you

If you need support with the process and practicalities that you are having to cope with following a bereavement, then please call

01872 252713 9am - 4pm Monday to Friday



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A GUIDE TO THE DEADLINE DATES FOR COPY FOR THIS MAGAZINE

Deadline dates are generally the **10th of the month** preceding publication of the edition.

Editions are April/May; June/July; August/September; October/November; December/January; February/March;

THUS:

May 10 for JUNE/JULY edition

July 10 for AUG/SEPT edition

Sept 10 for OCT/NOV edition

Nov 10 for DEC /JAN edition

Jan 10 for FEB/MAR edition

Mar 10 for APRIL/MAY edition

LANLIVERY OVER SIXTIES

Wishing you all a happy Christmas and a healthy New Year. I hope we can all meet up next year and put this dreadful year behind us. Meanwhile, keep your brains working!

Pammy Bruce 01208 871035

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We are a small pre-school set in the grounds of Lanlivery school. We offer great facilities with a huge outdoor space and use of the forest school. Places available for 2+ and funded places for 3 and 4 year olds.

Our aim is for children to develop and learn in a safe, stimulating, fun and happy environment.

For more details or to arrange a visit please



Kerry Hemmings

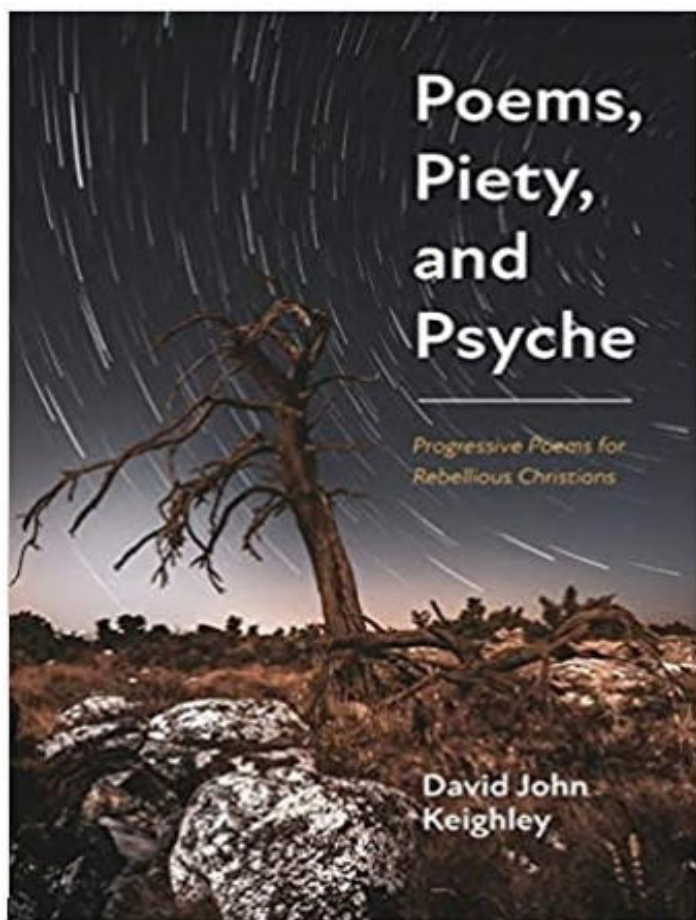
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Confronting the crisis facing Christianity, this anthology of post-modern, progressive Christian poems, with a rebellious tone, demythologizes Christian theology. *Poems, Piety and Psyche* is a brave departure from literal Christian dogma and challenges the outdated ideas of doctrine and Scripture to disclose hidden truths still valid today. This volume is an attempt to revitalize the church and reshape its future for current congregations and the missing generation of young people, scientifically literate, who are exiled from the church through its inability to absorb contemporary teaching of biblical criticism, the reality of evolution, the false idea of a God "up there", and an institutional insistence on an unconvincing supernatural theology. Christianity must be adapted to incorporate these and change, or it will die.

David Keighley reclaims the original gospel message and takes us on a turbulent and challenging journey to the heart of what it is to be truly Christian. There is in these poems an emphasis on the teaching of the historical Jesus while rejecting nature miracles, the virgin birth, and bodily resurrection. Jesus's divinity is that we can see God in him in the same way as we see God in the lives of each other, if we look closely enough.

"David Keighley probes beneath the surface of our faith and provides us with a basis for believing. So long as we have people like David, Christianity will live and renew itself"

Bishop John Shelby Spong, former Bishop of Newark
Author of "Why Christianity Must Change or Die"

Available from Amazon or with authors discount at www.davidkeighleywriter.com

NATIVITY

No Nativity this year because the 3 Wise Men face a travel ban.

The Shepherds have been furloughed;
The Inn Keeper has shut under tier 3 regulations and had a slump in bookings.

Santa won't be working as he would break the rule of 6 with Dasher, Dancer, Prancer, Vixen, Donner and Blitzen.

As for Rudolph, with that red nose, He should be isolating and taking a test.

Visitors welcome! SAFE OUTDOOR SPACES & ACTIVITIES

(subject to ongoing post Covid checks with Ts & Cs)



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Dates for your Diary

DECEMBER 20

Wed 2	FOLV presentation	Via Zoom	7.30 pm
Thur 3, 10, 17	Keep Fit	Luxulyan Village Hall	9-10 am
Wed 9	WI Meeting	Luxulyan Village Hall	7.15 pm
Wed 30	WI Walk to Helman Tor	w. Amanda Penk	10 am
Sun 20	Carol Service tbc	Lanlivery Church	6 pm
Thur 24	Lessons & Carols Facebook Live	from Luxulyan Church	6 pm
Thur 24	Midnight Mass	Lanlivery Church	10 pm
Fri 25	Worship at the Crib	Lanlivery Church	9.30 am
Fri 25	Christmas Day Eucharist	At St Blazey with Jules	9.30 am

JANUARY 21

Thur 7, 14, 21, 28	Keep Fit	Luxulyan Village Hall	9-10 am
Sun 10	DEADLINE	GRANITE	TOWERS
Wed 13	WI Meeting	Luxulyan Village Hall	7.15 pm
ALL OF THE ABOVE	SUBJECT TO	COVID RESTRICTION	

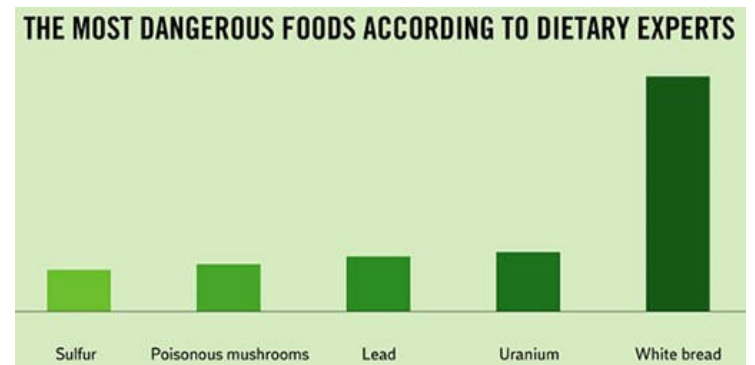
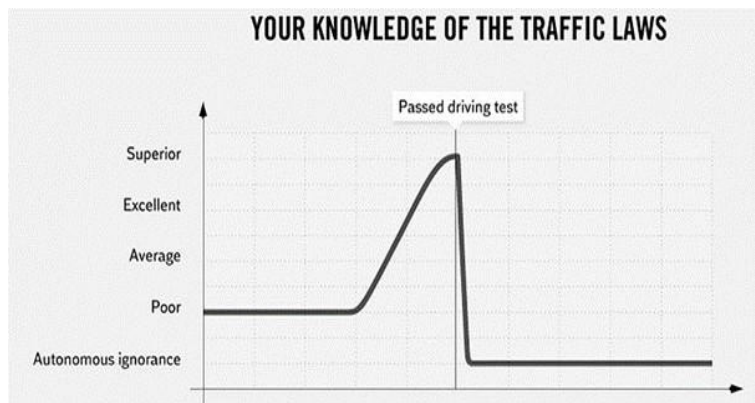
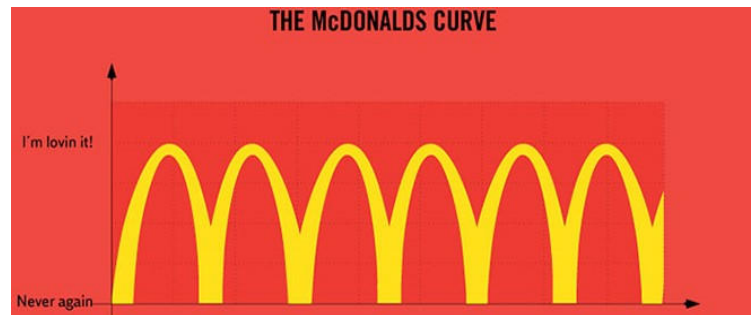
LUXULYAN VILLAGE HALL BOOKING AGENT

Linda Belcher, 15 Beswtherick Fields, Luxulyan, Bodmin PL30 5FB. Tel: 01726 337447 belcherl@outlook.com

Luxulyan Memorial Institute

To make a booking, contact: Elizabeth Cleare Tel: 01726 850553 ijmcleare369@btinternet.com

Creative Graphs



Black coffee	
Coffee with cream and/or sugar	
Coffee beverages in 1996	
Cappuccino	Frappe
Latte Single	Frappuccino
Latte Double	Pocillo
Latte Triple	Espresso
Espresso Single	Flat white
Espresso Double	Café misto
Gibraltar	Half-caf
Café au lait	Melange
Café con leche	Ristretto
Americano	Skinny Latte
Caffe tobio	Soy/Almond latte
Affogato	Chai Latte
Mocha	Ice coffee
Caffe Corretto	French press
	Marocchino
Coffee beverages in 2014	

Porter Electronics

Computer Repair and Custom Builds

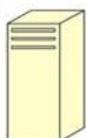
We offer a wide range of computer services, including:

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Phone: 01726 851120

Email: Alan@AWPComputer.co.uk



Day 32. on my way to Polkerris
I lose my glasses. draw a solitary
sheep without. retrace my walk.
find them in the grass.

1. Luxulyan & Lanlivery W.I. celebrate Harvest 2020 together but apart!

2. Robin - Kathryn Hill

3. Lanlivery prepares the Christmas Tree in 2019 - Rosemary Truscott

4. Welcome to Red Moor School in Lanlivery

5. From Tony Foster's Lockdown Diary.